

VIVAER[®] PROCEDURE

POST-TREATMENT INSTRUCTIONS

Patient Name _____ Procedure Date _____

DURING THE FIRST FEW DAYS FOLLOWING YOUR PROCEDURE:

- You may experience some inflammation and tenderness at treatment site.
- You may experience some mild bloody discharge, especially after a nasal rinse.
- Call your doctor if you have any bright red bleeding or bleeding is heavy.
- If you need to blow your nose, please do so gently.
- Do not pinch or manipulate the treatment area.

DURING THE FIRST 3 WEEKS FOLLOWING YOUR PROCEDURE:

- You may experience some congestion and crusting at treatment site.
- You may use nasal sprays/rinses, such as _____.
- You may apply ointment to treatment area, such as _____.

ACTIVITIES: Most patients can return to normal activities the same day.

SYMPTOM IMPROVEMENT: Most patients begin to see improvement between 2 and 6 weeks following the treatment.

ADDITIONAL NOTES:

PLEASE CONTACT OUR OFFICE WITH ANY ADDITIONAL QUESTIONS.